

## Nutrition Facts

Serving Size: 1 oz (28.35g-About 1/4 Cup)

Servings Per Container: About 6.5

### Amount Per Serving

Calories 190      Calories from Fat 130

% Daily Value\*

<b>Total Fat</b> 18g	<b>28%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	<b>0%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Potassium</b> 130mg	<b>4%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fibers 2g	<b>0%</b>
Sugars 1g	

### Protein 5g

Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Nutrient	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Natural Walnuts.

Country of origin: U.S.

**ALLERGY INFORMATION:** This product is produced in a facility that also produces peanut products. May contain peanuts.

This package sold by weight, not volume.  
Some settling may occur.



Pic-A-Nut Company  
Warren, MI 48092  
(586) 268-4900  
A Champagne Company

Manufacturers of **PIC-A-NUT** Brand

NATURAL WALNUTS



NATURAL  
WALNUTS

Since 1928

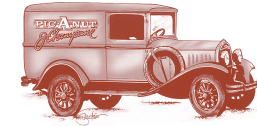
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Quality & Freshness  
Guaranteed



NATURAL WALNUTS

Since 1928



Since 1928 the Champagne Family has taken pride in producing the finest quality snacks through four generations of experience. Unique, exclusive family recipes are used in our everyday hand batched and hand roasting. We are dedicated to providing the finest ingredients and know you will enjoy true quality.

*James Champagne Jr.  
and Champagne Family*



**SPECIAL VALUE OFFER**

To order Pic-A-Nut merchandise; T-shirts; cook book; membership to Gang & Pals, visit our website: [www.Pic-A-Nut.com](http://www.Pic-A-Nut.com)

Processed in: USA

