

The Champane Family has taken pride in producing the finest quality snacks through four generations of experience. Unique, exclusive family recipes are used in our everyday hand batched and hand roasting. We are dedicated to providing the finest ingredients and know you will enjoy true quality.



SPECIAL VALUE OFFER

To order Pic-A-Nut merchandise; T-shirts; cook book; membership to Gang & Pals, visit our website: www.Pic-A-Nut.com

Processed in: USA





CASHEWS



Nutrition Facts

Serving Size: 1 oz (28.35g-About 1/4 Cup) Servings Per Container: About 10

Amount Per Ser	rvina
-----------------------	-------

Calories 160	Calories from Fat 120
	% Daily Value*
Total Fat 14g	22%
Saturated Fat 2g	10%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 85mg	4%
Potassium 180mg	9%
Total Carbohydra	ate 8g 3%
Dietary Fibers 1g	4%
Sugars 1g	
Protein 5g	

Vitamin C *

Iron 10%

Calcium 2% *Percent (%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

on your outono noodo.				
Nutrient	Calories	2,000	2,500	
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohy	/drate	300g	375g	
Dietary Fib	er	25g	30g	
Calories per gram:				

Vitamin A *

Fat 9 • Carbohydrate 4 • Protein 4 INGREDIENTS: Cashews, Roasted in

Vegetable Oil (Peanut, Cottonseed, Soybean, And/or Sunflower Seed), Salt Added.

ALLERGY INFORMATION: This product is produced in a facility that also produces peanut products. May contain peanuts.

This package sold by weight, not volume. Some settling may occur.



Pic-A-Nut Company Warren, MI 48092 (586) 268-4900 À Champane Company

Manufacturers of PIC-A-NUT Brand

Quality & Freshness Guaranteed